

Time Required:

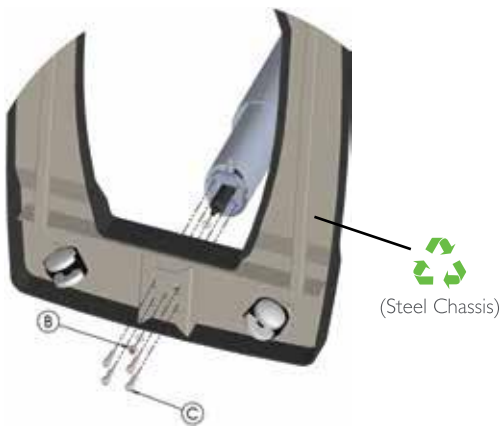
Approximately 5 minutes

Tools Required:

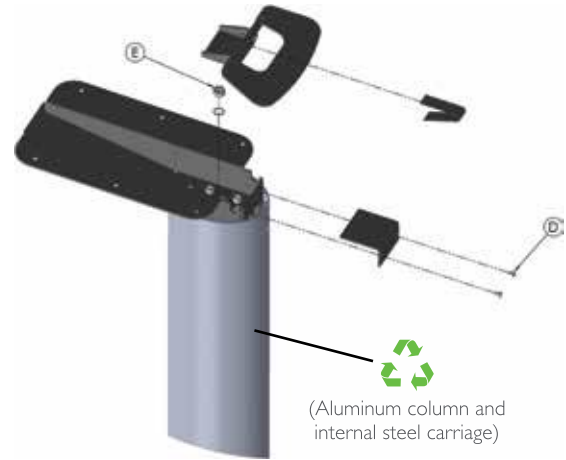
#2 Philips screwdriver, large flat blade screwdriver, 8/32" and 5/16" Allen keys, M8 and M10 socket and ratchet.



A: Lay the over bed table on its end or side. Take a #2 Philips screwdriver and remove the six screws that attached the table top to the column.



B & C: Using a M10 socket and ratchet, remove the M10 nut which secures the gas spring to the base. Next, using a 5/16 Allen key detach the base from the column.



D & E: Next step is to remove the gas spring from the top end of the column. First, using an 8/32" Allen key, remove the Paddle retainer and lift off the paddle.



F & G: Lay the over bed table base upside down on a table and remove the casters by prying them upward with a large flat blade screwdriver. A small block of wood under the screwdriver shaft will provide more leverage. Next take the screwdriver and pry the ABS plastic cover off of the metal base chassis.

Disposal of Bloc-o-Lift Lockable Gas Spring

**!Gas Springs are under Pressure! They must not be heated!
Do not dispose of gas springs in waste containers!**

They must be opened to dispose of the internal oil in compliance with the accidental prevention and environment protection regulations. **Eye protection must be worn.**

1. Clamp gas spring or damper in a vice.
2. Screen off the drilling point to prevent splashes.
3. Drill open units at the specified point with an approximately 3mm thick drill bit to allow the gas to escape. The hole must be drilled to a depth of about 3/8".

4. Operate valve pin at piston rod end and allow the piston rod to extend fully to expunge oil. Drill holes as shown below in the bead groove at the end of the pressure tube at the piston rod end. Then, drill a second hole about 3/8" away from the bottom of the pressure tube. Press the valve at the piston rod end and push in piston rod.



Material Breakdown

Quantity	Component	Material
1	Base cover	ABS Plastic 
1	Metal internal base chassis	Steel 
1	Column extrusions	Aluminum
1	Carriage weldment	Steel
1	Gas spring	Steel/ rubber
4	Rollers	Delrin Plastic
4	Casters	Polymide / thermoplastic rubber
Various	Fasteners	Steel 
1	Top (option)	Laminate, poly-resin and chipboard
1	Top (option)	PVC covered chipboard